## SB 910 Update

May 2003

# California's Strategic Plan for an Aging Population

#### The Task Team Has Been Busy

- The Stakeholder Task Team has been meeting since December 2002
- Also held two briefings with CA Policy Research Center on Demographics and Data Base Development
- Topic experts join each meeting related to their area of expertise
- Each meeting results in a vision, plus policy and action recommendations
- Plan structure has been developed draft

#### Draft Plan Structure

- I. Executive Summary
- II. Introduction and Background
  - A. Demographics and Trends
  - B. Overarching Themes
  - C. Cross Cutting Issues
- III. Vision, Policy and Action Recommendations

Categories: Economic Security, Work, Civic Involvement, Healthy Aging, Housing, Transportation, Health Care (3), Infrastructure

#### VI. In Conclusion - Priorities and Timelines

- A. Plan Priorities
- B. Integration and Accountability
- C. The next eight years
- D. Plan Update Frequency and Process

#### **Appendices**

## Section III *(detail)* - Vision, Policy and Action Recommendations

- Background, trends, projections on the specific category - For example: Healthy Aging
- Vision for 2020 Our positive lifestyle choices and habits in 2020, with what result.
- Topic broken into subsets: Nutrition, Fitness,
   Socialization, Education, Prevention
- Policy and action recommendations for each subset
- For each recommendation: Priority Level, plus suggested responsibility, timeline, milestones

### What We've Accomplished

- A draft Vision for the year 2020
  - The vision addresses the essential components of economic security for an aging population:
    - Financial Planning
    - Social Security
    - Pension and Savings
    - Work
    - Health Coverage

#### What We've Accomplished

#### The vision also addresses:

- The key components of healthy aging regular nutritious meals, physical activity, social engagement, regular health care
- Civic engagement and volunteering
- Education and life-long learning
- Transportation and transp-based community planning
- Affordable, universally designed and/or modified housing for all geographical areas and all levels of needs
- Competent, adequate, accessible health, dental and mental healthcare for all seniors, including prevention and screening.
- Aging in place and long term care

### What We've Accomplished

- 151 Policy and Action Recommendations to Date
  - 11 Economic Security
  - 13 Work and Job Training
  - 7 Civic Involvement, Life Long Learning
  - 11 Healthy Aging
  - 47 Housing
  - 33 Transportation
  - 29 Health Part 1 Health & Dental Health

#### What's Next?

- Policy and action recommendations for three more topic categories:
  - Health Part 2 Mental Health, Alzheimer's & Related, Alcoholism and Chemical Dependency
  - Health Part 3 Long Term Care, Family Caregivers, Residential Facilities, referencing the California Olmstead Plan
  - Infrastructure -
    - Data Systems
    - Technology
    - Provider Workforce
    - Higher Education
    - Hospitals & Clinics

#### And Then...

- Team Retreat to:
  - Review and refine all recommendations, apply cross cutting criteria:
    - Economic and Educational Status
    - Social Supports Family Networks vs. Living Alone
    - Health Status Robust Health vs. Health Issues
    - Geography Urban, Suburban and Rural
    - Cultural Competence, Ethnicity and Language
    - Gender
  - Suggest priorities

- Team Retreat continued
  - Suggest Sector Responsibility
    - Public, Private, Non-Profit
  - Suggest Timeframe



Then...

Public Forum/ Hearings

#### Plan Deadline

Due to Legislature October 1, 2003

## A Sense of Urgency.... The clock is ticking

 In 2002 California had 3.6 million people over 65 years of age

In 20104.3 million

In 20206.1 million

In 2050, more than
11 million